

# Missouri River Runners Coca Cola Classic

## November 05, 2022 - Sioux City, IA

### 5K RACE BY CATEGORY

\*\*\*\*\* WOMEN OVERALL RESULTS FOR 10K RACE \*\*\*\*\*

1	451 Emily McGaffin	39	22:07.9
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\*\*\*\*\* MEN OVERALL RESULTS FOR 10K RACE \*\*\*\*\*

1	436 Matthew Contreras	30	18:26.5
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\*\*\*\*\* WOMEN MASTERS RESULTS FOR 10K RACE \*\*\*\*\*

1	305 Stacy McNear	43	25:11.1
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\*\*\*\*\* MEN MASTERS RESULTS FOR 10K RACE \*\*\*\*\*

1	351 Alfredo Plaza	48	18:44.3
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#### 5K - Men 0 - 14

Place	Bib	First name	Last name	Age	Time
1	368	Jamison	Gould	13	19:43.3
2	437	Geoffrey	Nelson	14	21:30.3
3	400	Thomas	Reed	10	21:39.0
4	435	Ethan	Laurich	13	22:45.4
5	412	Bodie	Strehlow	13	23:08.6
6	444	Isaiah	Moeller	12	23:12.3
7	445	Micah	Moeller	11	23:12.4
8	390	Jace	Brown	12	24:17.2
9	376	Alex	Regier	10	24:52.4
10	375	Kale	Regier	10	24:57.4
11	450	Lennox	Olesen	11	26:04.8
12	396	Kole	Harris	9	31:14.3
13	409	Chase	Bazer	12	33:28.0
-	382	Spencer	Marx	12	DNS

#### 5K - Men 15-19

Place	Bib	First name	Last name	Age	Time
1	429	Michael	Wassennar	15	19:34.8
2	397	Caleb	Huff	15	19:37.1
3	381	Mason	Marx	15	20:08.6
4	359	Brayden M	Morton	16	22:53.1
5	379	Austin	Bosman	15	23:25.2

#### 5K - Men 20 - 24

Place	Bib	First name	Last name	Age	Time
1	443	Austin	Roberts	23	25:06.8
2	449	Luke	Olesen	21	26:05.4

#### 5K - Men 25 - 29

Place	Bib	First name	Last name	Age	Time
1	392	Grant	Warner	29	31:33.2

#### 5K - Men 30 - 34

Place	Bib	First name	Last name	Age	Time
1	408	Kyle	Hoffman	34	19:12.4
2	389	Simon	Herkert	30	19:55.6
3	432	Ethan	Kroll	31	24:59.2
4	420	Josh	Ferge	32	28:28.6
-	354	Anthony	Ochoa	30	DNS

#### 5K - Men 40 - 44

Place	Bib	First name	Last name	Age	Time
1	440	Shawn	Wassenaar	43	20:29.0
2	405	George	Glass	44	20:46.1
3	414	David	Jones	42	26:49.2
4	367	Jeremy	Gengler	42	26:53.3
5	380	Tony	Marx	42	27:14.9
6	406	Kara	Glass	44	27:21.9
7	448	Ryan	Chapman	43	36:57.0

#### 5K - Men 45 - 49

Place	Bib	First name	Last name	Age	Time
1	413	Jason	Strehlow	45	23:27.0
-	385	Donahue	Holloway	47	DNS

#### 5K - Men 50 - 54

Place	Bib	First name	Last name	Age	Time
1	401	Todd	Raasch	53	43:51.0

#### 5K - Men 60 - 64

Place	Bib	First name	Last name	Age	Time
1	404	William	Newton	62	25:30.4
2	360	Edward	Solomon	61	25:38.7
3	352	Todd	Hensley	60	26:11.3
4	357	Randy 'Joe'	Conley	64	29:25.5
5	424	Roger	Johnson	64	52:40.7

#### 5K - Men 65 - 69

Place	Bib	First name	Last name	Age	Time
1	356	Alan	Mills	67	24:26.7
2	386	Mark	Wright	67	30:09.8
3	434	Tom	Snyder	68	32:35.0

#### 5K - Men 70 +

Place	Bib	First name	Last name	Age	Time
1	348	Timothy	Jacobs	74	27:38.5
2	423	David	Olson	71	28:16.6
3	411	Jim	Andringa	80	37:19.2

4	374	Calvin	Town	71	47:25.9
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#### 5K - Women 0 - 14

Place	Bib	First name	Last name	Age	Time
-	395	Kacie	Harris	13	DNS

#### 5K - Women 15 - 19

Place	Bib	First name	Last name	Age	Time
1	371	Meghan	Burwell	18	26:55.0
2	372	Katie	Burwell	15	29:52.3
-	433	Kayla	O'Connor	18	DNS

#### 5K - Women 20 - 24

Place	Bib	First name	Last name	Age	Time
1	442	Kate	Blankenship	20	31:47.1

#### 5K - Women 20 - 24

Place	Bib	First name	Last name	Age	Time
1	419	Luci	Topete	27	28:28.8
-	353	Hannah	Ochoa	29	DNS
-	362	Katie	Colvert	28	DNS

#### 5K - Women 35 - 40

Place	Bib	First name	Last name	Age	Time
1	446	Sara	Bunker	39	30:03.0
2	454	Betsy	Flowers	37	33:44.6
3	402	Jenny	Frank	38	35:56.7
4	349	Sarah	Wonders	37	37:40.5
5	453	Martha	Tarelo	36	1:11:22.8

#### 5K - Women 40 - 44

Place	Bib	First name	Last name	Age	Time
1	350	Jill	Krueger	40	25:53.9
2	441	Megan	Mogensen	41	26:58.6
3	393	Misty	Davis	42	31:06.5
4	394	Jessica	Harris	40	31:14.8
5	383	Tavia	Heyer	42	31:40.1
6	417	Beth	Diehl	40	38:25.1
7	415	Robyn	Black Feather	42	43:26.5

#### 5K - Women 45 - 49

Place	Bib	First name	Last name	Age	Time
1	410	Mary	Brady	49	25:16.8
2	439	Amy	Campbell Schl	49	27:59.5
3	452	Janelle	Olesen	46	35:45.7
4	438	Lana	Chapman	48	43:58.5
5	428	Melissa	Uhl	46	1:08:51.5
6	346	Shannon	Christensen	47	1:08:57.5
-	377	Jennifer	Hunter	46	DNS

-	418	Leslie	Thompson-Str	45	DNS
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#### 5K - Women 50 - 54

Place	Bib	First name	Last name	Age	Time
1	425	Tasha	Hodge	54	29:11.1
2	384	Wendi	Hess	51	31:59.3
3	370	Sandra	Burwell	52	37:08.4
4	365	Melissa	Ommen	53	48:07.0
5	364	Lisa	Hanson	52	48:07.1
6	426	Michelle	Skaff	51	1:08:49.2

#### 5K - Women 55 - 59

Place	Bib	First name	Last name	Age	Time
1	387	Sherry	Wunder	57	28:21.8
2	422	Sheila	Loecker	58	29:34.4
3	388	Shelly	Simm	55	39:45.3
-	358	Cherie A	Conley	55	DNS
-	391	Krystal	Folsom	58	DNS
-	407	Cherie	Noteboom	58	DNS

#### 5K - Women 60 - 64

Place	Bib	First name	Last name	Age	Time
1	378	Cheri	Bosman	64	32:51.5
2	355	Susan	Mills	64	41:38.1
3	421	Cindy	Johnson	63	52:40.5
-	431	Julie	Anfinson	60	DNS

#### 5K - Women 65 - 69

Place	Bib	First name	Last name	Age	Time
1	373	Beverly	Town	69	47:26.3
2	427	Karen	Baker	65	1:11:22.6
-	361	Gina	Colvert	66	DNS

#### 5K - Women 70 +

Place	Bib	First name	Last name	Age	Time
1	347	Marcia	Watson	73	29:22.2
2	366	Doris	Lozano	73	38:23.6
3	403	Barbara	Peitzmeier	80	42:51.6