

MRR SpringThaw 10 Mile Age Groups 4/2/2016 2:59:41 PM

| Position | Bib # | Name | RaceTime | Pace | Age | Gender | City | State |
|----------|-------|------|----------|------|-----|--------|------|-------|
|----------|-------|------|----------|------|-----|--------|------|-------|

10 MILE TOP MALES OVERALL based on Gun Elapsed time

| | | | | | | | | |
|---|-----|----------------|---------|------|----|---|-----------|----|
| 1 | 531 | Nelkie, Martin | 55:52.1 | 5:35 | 24 | M | Jefferson | SD |
|---|-----|----------------|---------|------|----|---|-----------|----|

10 MILE TOP MALE MASTERS based on Gun Elapsed time

| | | | | | | | | |
|---|-----|------------------|-----------|------|----|---|------------|----|
| 1 | 529 | mahaney, michael | 1:05:39.9 | 6:34 | 52 | M | sioux city | IA |
|---|-----|------------------|-----------|------|----|---|------------|----|

10 MILE TOP FEMALES OVERALL based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-----------------------|-----------|------|----|---|--------------|----|
| 1 | 603 | Vande Vegte, Jennifer | 1:04:16.4 | 6:26 | 38 | F | Sioux Center | IA |
|---|-----|-----------------------|-----------|------|----|---|--------------|----|

10 MILE TOP FEMALE MASTERS based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-----------------------|-----------|------|----|---|--------------|----|
| 1 | 501 | Jongsma-Knauss, Sonya | 1:07:26.5 | 6:45 | 40 | F | Sioux Center | IA |
|---|-----|-----------------------|-----------|------|----|---|--------------|----|

10 MILE 20 TO 24 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-------------------|-----------|------|----|---|------------|----|
| 1 | 596 | Gurnett, Devon | 1:00:07.3 | 6:01 | 24 | M | Sioux City | IA |
| 2 | 572 | HOSTETLER, SKYLER | 1:09:10.3 | 6:55 | 20 | M | SLOAN | IA |

10 MILE 25 TO 29 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-----------------|-----------|------|----|---|------------|----|
| 1 | 631 | Dorenbach, Ben | 1:18:34.6 | 7:51 | 26 | M | Sioux City | IA |
| 2 | 504 | Romo, David | 1:18:43.3 | 7:52 | 27 | M | Sioux City | IA |
| 3 | 609 | Sturges, Nathan | 1:19:04.6 | 7:54 | 28 | M | Sioux City | IA |

10 MILE 30 TO 34 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|--------------------|-----------|-------|----|---|-------------|----|
| 1 | 590 | Dornbierer, Jordan | 1:00:51.4 | 6:05 | 32 | M | Sheldon | IA |
| 2 | 641 | Hersom, Travis | 1:11:21.2 | 7:08 | 30 | M | Sloan | IA |
| 3 | 588 | Taylor, Jonathan | 1:15:48.6 | 7:35 | 31 | M | Omaha | NE |
| 4 | 513 | horan, ben | 1:19:34.5 | 7:57 | 33 | M | sioux falls | SD |
| 5 | 553 | Roder, Jarrod | 1:29:36.6 | 8:58 | 31 | M | Sioux City | IA |
| 6 | 557 | Kolbo, Adam | 1:38:12.9 | 9:49 | 31 | M | Sioux City | IA |
| 7 | 517 | Wonders, Kyle | 1:43:41.2 | 10:22 | 31 | M | Sioux City | IA |

10 MILE 35 TO 39 - based on Gun Elapsed time

| | | | | | | | | |
|----|-----|--------------------|-----------|-------|----|---|------------------|----|
| 1 | 581 | Steffen, Patrick | 1:03:57.0 | 6:24 | 37 | M | Sioux Falls | SD |
| 2 | 628 | Ensz, David | 1:08:16.4 | 6:50 | 36 | M | Dakota Dunes | SD |
| 3 | 606 | Heald, Brent | 1:12:42.9 | 7:16 | 37 | M | Sioux City | IA |
| 4 | 615 | Dattolico, Vince | 1:15:30.7 | 7:33 | 38 | M | Sioux City | IA |
| 5 | 547 | Thompson, Justin | 1:18:03.2 | 7:48 | 38 | M | Des Moines | IA |
| 6 | 595 | Chapman, Ryan | 1:18:59.0 | 7:54 | 36 | M | Norfolk | NE |
| 7 | 539 | CONRAD, CLAY | 1:20:07.4 | 8:01 | 39 | M | SIOUX CITY | IA |
| 8 | 511 | Lohr, Chris | 1:24:08.2 | 8:25 | 36 | M | Sioux City | IA |
| 9 | 507 | Myers, Kevin | 1:25:03.4 | 8:30 | 39 | M | South Sioux City | NE |
| 10 | 618 | Sapico, Jose Romel | 1:28:07.7 | 8:49 | 38 | M | Dakota Dunes | SD |
| 11 | 528 | Smith, Greg | 1:32:59.4 | 9:18 | 37 | M | Winnebago | NE |
| 12 | 574 | Reynoldson, Jason | 1:38:30.3 | 9:51 | 39 | M | Sergeant Bluff | IA |
| 13 | 607 | Anderson, Jason | 1:39:29.7 | 9:57 | 37 | M | Sioux City | IA |
| 14 | 538 | Johnson, Ryan | 1:45:03.0 | 10:30 | 38 | M | Griswold | IA |

10 MILE 40 TO 44 - based on Gun Elapsed time

MRR SpringThaw 10 Mile Age Groups 4/2/2016 2:59:45 PM

| Position | Bib # | Name | RaceTime | Pace | Age | Gender | City | State |
|----------|-------|-----------------|-----------|-------|-----|--------|----------------|-------|
| 1 | 556 | Andre, Marcus | 1:16:23.9 | 7:38 | 43 | M | Sioux City | IA |
| 2 | 646 | Matthewson, Jay | 1:16:30.9 | 7:39 | 44 | M | Sergeant Bluff | IA |
| 3 | 627 | Campbell, Matt | 1:17:45.3 | 7:47 | 40 | M | Sioux City | IA |
| 4 | 523 | Lester, Brian | 1:18:52.9 | 7:53 | 44 | M | Sioux City | IA |
| 5 | 503 | Eckhardt, Jim | 1:28:09.9 | 8:49 | 43 | M | Dakota Dunes | SD |
| 6 | 632 | Fleming, Jeff | 1:30:29.1 | 9:03 | 43 | M | Wayne | NE |
| 7 | 622 | Nesselhuf, Ben | 1:32:03.3 | 9:12 | 40 | M | Sioux City | IA |
| 8 | 585 | Nelson, Kirk | 1:46:01.6 | 10:36 | 40 | M | Pender | NE |
| 9 | 594 | cobbs, Josh | 1:53:53.0 | 11:23 | 41 | M | Sioux City | IA |
| 10 | 650 | Biddle, Dustin | 1:59:36.6 | 11:58 | 43 | M | Luvern | MN |

10 MILE 45 TO 49 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|------------------|-----------|-------|----|---|--------------|----|
| 1 | 644 | Jackson, John | 1:07:43.7 | 6:46 | 46 | M | Sioux Falls | SD |
| 2 | 527 | peters, anthony | 1:11:29.8 | 7:09 | 49 | M | paullina | IA |
| 3 | 571 | HOSTETLER, SCOTT | 1:12:23.6 | 7:14 | 48 | M | SLOAN | IA |
| 4 | 509 | lefebvre, rodger | 1:15:20.5 | 7:32 | 49 | M | sioux city | IA |
| 5 | 525 | Voss, Brian | 1:19:30.7 | 7:57 | 47 | M | Worthington | MN |
| 6 | 623 | Svoboda, Mark | 1:30:01.3 | 9:00 | 49 | M | Pender | NE |
| 7 | 496 | Brown, Chase | 1:34:37.7 | 9:28 | 48 | M | Dakota Dunes | SD |
| 8 | 524 | Branigan, Sean | 1:42:35.5 | 10:15 | 47 | M | Sioux City | IA |
| 9 | 552 | Springer, Dan | 2:12:04.8 | 13:12 | 46 | M | Pender | NE |

10 MILE 50 TO 54 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|---------------|-----------|------|----|---|------------|----|
| 1 | 512 | Hensley, Todd | 1:18:33.6 | 7:51 | 54 | M | Sioux City | IA |
| 2 | 546 | DeWaard, Doug | 1:24:06.0 | 8:25 | 53 | M | Mitchell | SD |
| 3 | 643 | Loucks, James | 1:26:57.1 | 8:42 | 53 | M | Sioux city | IA |

10 MILE 55 TO 59 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-----------------|-----------|------|----|---|-------------|----|
| 1 | 561 | Heaton, Timothy | 1:11:55.7 | 7:11 | 57 | M | McCook Lake | SD |
| 2 | 562 | Hughes, Bob | 1:23:06.1 | 8:19 | 58 | M | Sioux City | IA |
| 3 | 550 | Makey, Jim | 1:28:21.1 | 8:50 | 58 | M | Papillion | NE |

10 MILE 60 TO 64 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-----------------|-----------|-------|----|---|------------|----|
| 1 | 589 | Pearson, Donald | 1:30:03.6 | 9:00 | 62 | M | Pender | NE |
| 2 | 575 | Wright, Mark | 1:41:49.8 | 10:11 | 60 | M | Sioux City | IA |

10 MILE 65 TO 69 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|--------------|-----------|------|----|---|-------|----|
| 1 | 639 | Meyer, Terry | 1:37:36.2 | 9:46 | 67 | M | Wayne | NE |
|---|-----|--------------|-----------|------|----|---|-------|----|

10 MILE 70 AND OVER - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|--------------------|-----------|-------|----|---|---------|----|
| 1 | 565 | Eisenmenger, James | 2:07:29.9 | 12:45 | 72 | M | YANKTON | SD |
|---|-----|--------------------|-----------|-------|----|---|---------|----|

10 MILE 15 TO 19 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|---------------|-----------|------|----|---|-------|----|
| 1 | 559 | Pulfer, Marta | 1:28:49.4 | 8:53 | 16 | F | Wayne | NE |
|---|-----|---------------|-----------|------|----|---|-------|----|

10 MILE 20 TO 24 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|---------------|-----------|------|----|---|--------------|----|
| 1 | 638 | Brown, Olivia | 1:34:47.6 | 9:29 | 20 | F | Dakota Dunes | SD |
|---|-----|---------------|-----------|------|----|---|--------------|----|

10 MILE 25 TO 29 - based on Gun Elapsed time

MRR SpringThaw 10 Mile Age Groups 4/2/2016 2:59:49 PM

| Position | Bib # | Name | RaceTime | Pace | Age | Gender | City | State |
|----------|-------|--------------------|-----------|-------|-----|--------|--------------|-------|
| 1 | 533 | hohl, kasey | 1:13:09.7 | 7:19 | 25 | F | Sioux City | IA |
| 2 | 506 | Long, Cassie | 1:19:45.3 | 7:58 | 25 | F | mccook lake | SD |
| 3 | 491 | Fister, Katherine | 1:31:13.7 | 9:07 | 27 | F | Omaha | NE |
| 4 | 560 | Elledge, Amy | 1:32:40.5 | 9:16 | 28 | F | Sioux Center | IA |
| 5 | 602 | Friedrichsen, Sara | 1:34:27.1 | 9:27 | 29 | F | Sioux City | IA |
| 6 | 630 | Mueller, Kelli | 1:41:49.9 | 10:11 | 29 | F | Emerson | NE |
| 7 | 625 | Reinders, Amanda | 1:59:19.1 | 11:56 | 25 | F | Orange City | IA |

10 MILE 30 TO 34 - based on Gun Elapsed time

| | | | | | | | | |
|----|-----|-------------------|-----------|-------|----|---|----------------|----|
| 1 | 499 | McGaffin, Emily | 1:15:24.0 | 7:32 | 33 | F | Sioux City | IA |
| 2 | 591 | Schat, Aleisa | 1:16:39.7 | 7:40 | 32 | F | Sheldon | IA |
| 3 | 521 | Krueger, Jill | 1:21:31.4 | 8:09 | 33 | F | Sloan | IA |
| 4 | 567 | Climer, Candice | 1:22:20.4 | 8:14 | 34 | F | Hartington | NE |
| 5 | 510 | Lohr, Julie | 1:24:08.1 | 8:25 | 34 | F | Sioux City | IA |
| 6 | 617 | Stevens, Sharleen | 1:24:25.8 | 8:26 | 33 | F | Sioux Falls | SD |
| 7 | 508 | Mogensen, Megan | 1:24:45.4 | 8:28 | 34 | F | sioux city | IA |
| 8 | 610 | Hansen, Melissa | 1:28:47.7 | 8:53 | 30 | F | Pender | NE |
| 9 | 620 | Lowe, Elise | 1:29:25.8 | 8:56 | 33 | F | Ponca | NE |
| 10 | 647 | Uthof, Ashley | 1:29:26.0 | 8:57 | 34 | F | Jackson | NE |
| 11 | 633 | Koehler, Christy | 1:33:24.9 | 9:20 | 31 | F | McLean | NE |
| 12 | 522 | Flowers, Betsy | 1:34:30.3 | 9:27 | 30 | F | Sioux City | IA |
| 13 | 505 | Stokes, Nikki | 1:35:34.9 | 9:33 | 31 | F | Sergeant Bluff | IA |
| 14 | 608 | Hansen, Carissa | 1:36:08.5 | 9:37 | 30 | F | Pender | NE |
| 15 | 635 | Jackson, Rai | 1:40:29.9 | 10:03 | 30 | F | Jefferson | SD |
| 16 | 582 | Granstrom, Becky | 1:44:03.6 | 10:24 | 33 | F | Dakota Dunes | SD |
| 17 | 500 | Simpson, Tatiana | 1:46:21.3 | 10:38 | 34 | F | Sergeant Bluff | IA |
| 18 | 485 | Sullivan, Leaha | 1:50:39.5 | 11:04 | 34 | F | Jefferson | SD |
| 19 | 516 | Wonders, Sarah | 1:52:55.0 | 11:17 | 30 | F | Sioux City | IA |
| 20 | 616 | Uhl, Alison | 2:10:16.2 | 13:02 | 32 | F | Sioux City | IA |

10 MILE 35 TO 39 - based on Gun Elapsed time

| | | | | | | | | |
|----|-----|---------------------|-----------|-------|----|---|--------------|----|
| 1 | 584 | Streck, Michelle | 1:15:40.1 | 7:34 | 36 | F | Sgt. Bluff | IA |
| 2 | 578 | Krom, Lisa | 1:19:49.2 | 7:59 | 37 | F | Sioux City | IA |
| 3 | 526 | Kilcullen, Anna | 1:23:32.3 | 8:21 | 35 | F | Jefferson | SD |
| 4 | 492 | Peterson, Lisa | 1:27:19.9 | 8:44 | 39 | F | Sioux City | IA |
| 5 | 626 | Beckman, Dana | 1:29:00.0 | 8:54 | 38 | F | Pender | NE |
| 6 | 598 | Dickes, Laurie | 1:30:08.8 | 9:01 | 37 | F | Sioux City | IA |
| 7 | 542 | Snoozy, Megan | 1:30:31.2 | 9:03 | 36 | F | Jefferson | SD |
| 8 | 489 | Hansel, Erin | 1:31:08.5 | 9:07 | 37 | F | Dakota City | NE |
| 9 | 634 | Lamp, Laura | 1:31:08.6 | 9:07 | 35 | F | Hubbard | NE |
| 10 | 576 | Hansen, Andrea | 1:32:42.9 | 9:16 | 38 | F | Pender | NE |
| 11 | 599 | Anderson, Christina | 1:33:57.0 | 9:24 | 36 | F | Hinton | IA |
| 12 | 566 | Donaldson, Joy | 1:34:56.4 | 9:30 | 36 | F | Dakota Dunes | SD |
| 13 | 563 | Dausel, Erin | 1:35:01.3 | 9:30 | 36 | F | Cushing | IA |
| 14 | 600 | Kramer, Amber | 1:37:11.9 | 9:43 | 35 | F | Hinton | IA |
| 15 | 611 | Hoefling, Sarah | 1:37:12.6 | 9:43 | 38 | F | Hinton | IA |
| 16 | 648 | Stewart, Andrea | 1:38:41.6 | 9:52 | 35 | F | Ponca | NE |
| 17 | 636 | Swanson, Angie | 1:40:30.1 | 10:03 | 38 | F | Jefferson | SD |
| 18 | 637 | Bainbridge, Amanda | 1:41:13.9 | 10:07 | 37 | F | Kingsley | IA |
| 19 | 645 | Royster, Valerie | 1:41:49.2 | 10:11 | 39 | F | Cherokee | IA |
| 20 | 541 | Monson, Amy | 1:55:24.1 | 11:32 | 36 | F | Breckenridge | MN |

10 MILE 40 TO 44 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|--------------------------|-----------|------|----|---|-------------|----|
| 1 | 570 | Brost, Becky | 1:18:08.2 | 7:49 | 41 | F | Sioux Falls | SD |
| 2 | 601 | Buffalo Knuppe, Michelle | 1:20:31.7 | 8:03 | 41 | F | Dell Rapids | SD |

MRR SpringThaw 10 Mile Age Groups 4/2/2016 2:59:53 PM

| Position | Bib # | Name | RaceTime | Pace | Age | Gender | City | State |
|----------|-------|--------------------|-----------|-------|-----|--------|------------------|-------|
| 3 | 530 | Oines, Pam | 1:21:37.2 | 8:10 | 44 | F | Sioux city | IA |
| 4 | 490 | Freiberg, Sara | 1:22:54.5 | 8:17 | 41 | F | Sergeant Bluff | IA |
| 5 | 555 | Goebel, Sheila | 1:24:35.4 | 8:28 | 42 | F | Sioux City | IA |
| 6 | 597 | Leiting, Molly | 1:28:09.3 | 8:49 | 43 | F | South Sioux City | NE |
| 7 | 624 | Mallory, Christine | 1:28:56.4 | 8:54 | 43 | F | Moville | IA |
| 8 | 514 | Hess, Wendi | 1:30:28.4 | 9:03 | 44 | F | Lawton | IA |
| 9 | 520 | Olson, Kerrie | 1:31:02.2 | 9:06 | 43 | F | Akron | IA |
| 10 | 519 | McCrorry, Jenni | 1:31:06.0 | 9:07 | 40 | F | Sergeant Bluff | IA |
| 11 | 515 | Reineke, Melita | 1:33:17.3 | 9:20 | 41 | F | Omaha | NE |
| 12 | 568 | Heineman, Krista | 1:34:25.4 | 9:26 | 43 | F | Thurston | NE |
| 13 | 614 | Drees, Jennifer | 1:34:38.9 | 9:28 | 42 | F | Sloan | IA |
| 14 | 495 | Katzdorn, Diane | 1:35:58.0 | 9:36 | 41 | F | Omaha | NE |
| 15 | 535 | Kaufman, Eutana | 1:36:13.8 | 9:37 | 42 | F | Whiting | IA |
| 16 | 605 | Norton, Shelly | 1:38:25.4 | 9:51 | 44 | F | Dakota Dunes | SD |
| 17 | 549 | Casey, Lana | 1:39:48.6 | 9:59 | 41 | F | Ponca | NE |
| 18 | 532 | Breyfogle, Norita | 1:40:32.5 | 10:03 | 44 | F | Sioux City | IA |

10 MILE 45 TO 49 - based on Gun Elapsed time

| | | | | | | | | |
|----|-----|--------------------|-----------|-------|----|---|--------------|----|
| 1 | 586 | Welch, Kjersten | 1:14:01.1 | 7:24 | 45 | F | Sioux City | IA |
| 2 | 573 | HOSTETLER, MELISSA | 1:26:05.1 | 8:36 | 47 | F | SLOAN | IA |
| 3 | 493 | Townley, Deena | 1:27:00.9 | 8:42 | 46 | F | Sioux City | IA |
| 4 | 554 | Tjeerdsma, Jodi | 1:27:08.9 | 8:43 | 47 | F | Sioux Falls | SD |
| 5 | 579 | Zumhofe, Laura | 1:32:24.9 | 9:14 | 45 | F | Sioux Falls | SD |
| 6 | 621 | Ten Napel, Connie | 1:32:39.7 | 9:16 | 48 | F | Sibley | IA |
| 7 | 497 | Haeker, Penny | 1:32:50.4 | 9:17 | 46 | F | Dakota Dunes | SD |
| 8 | 593 | Throener, Lisa | 1:33:05.6 | 9:19 | 47 | F | Wisner | NE |
| 9 | 498 | Lundgren, Amy | 1:33:30.2 | 9:21 | 49 | F | DAKOTA DUNES | SD |
| 10 | 592 | Clausen, Lisa | 1:38:28.1 | 9:51 | 48 | F | Laurel | NE |
| 11 | 536 | Slechta, Therese | 1:42:19.6 | 10:14 | 45 | F | Schleswig | IA |
| 12 | 545 | Bak, Amy | 1:43:46.1 | 10:23 | 46 | F | Hinton | IA |
| 13 | 548 | Grone, Sheryl | 1:47:53.6 | 10:47 | 46 | F | Wayne | NE |
| 14 | 604 | Peters, Pam | 1:47:53.9 | 10:47 | 45 | F | Pender | NE |
| 15 | 540 | Sharp, Jill | 1:56:06.5 | 11:37 | 46 | F | Dakota city | NE |

10 MILE 50 TO 54 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|---------------------|-----------|-------|----|---|-------------|-------|
| 1 | 649 | Bacon, Kimberly | 1:30:26.5 | 9:03 | 51 | F | McCook Lake | 57049 |
| 2 | 494 | Van De Steeg, Karen | 1:33:54.3 | 9:23 | 51 | F | Sioux City | IA |
| 3 | 619 | LOECKER, SHEILA | 1:34:26.0 | 9:27 | 52 | F | FORDYCE | NE |
| 4 | 534 | Patterson, Denise | 1:36:13.9 | 9:37 | 51 | F | Sloan | IA |
| 5 | 558 | Pulfer, Jodi | 1:37:53.5 | 9:47 | 52 | F | Wayne | NE |
| 6 | 580 | Haldin, Di | 2:08:47.8 | 12:53 | 54 | F | Elk Point | SD |

10 MILE 55 TO 59 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|----------------|-----------|-------|----|---|----------------|----|
| 1 | 569 | Bosman, Cheri | 1:32:20.2 | 9:14 | 57 | F | Sheldon | IA |
| 2 | 577 | Grupp, Teri | 1:33:54.0 | 9:23 | 55 | F | Dakota Dunes | SD |
| 3 | 518 | Trobaugh, Jo | 1:46:13.4 | 10:37 | 55 | F | McCook Lake | SD |
| 4 | 564 | Bergin, Nadine | 2:05:40.8 | 12:34 | 55 | F | Sergeant Bluff | IA |

10 MILE 60 TO 64 - based on Gun Elapsed time

| | | | | | | | | |
|---|-----|-----------------|-----------|-------|----|---|------------------|----|
| 1 | 642 | Pauling, Marcia | 1:41:44.3 | 10:10 | 63 | F | South Sioux City | IA |
|---|-----|-----------------|-----------|-------|----|---|------------------|----|

MRR SpringThaw 10 Mile Age Groups 4/2/2016 2:59:57 PM

| Position | Bib # | Name | RaceTime | Pace | Age | Gender | City | State |
|----------|-------|------|----------|------|-----|--------|------|-------|
|----------|-------|------|----------|------|-----|--------|------|-------|