

2009 SPRING THAW
Road Race and Walk

** 5K RUN/WALK **

Sioux City, IA April 4, 2009 10:00 A.M.
Complete Results with pace is available online @ AllSportCentral.com

***** AWARDS LIST *****

MALE OVERALL RESULTS

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1	378 Marzen, Ryan D	19 Dougherty	IA	18:16
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FEMALE OVERALL RESULTS

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1	202 Meis, Linda C.	44 Le Mars	IA	20:39
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MALE Masters Results

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1	212 Gallagher, Brian	40 Arlington	WA	20:31
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FEMALE Masters Results

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1	259 Huffman, Chris A	48 Sergeant Bluff	IA	23:25
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MALE Age Group: 1 - 14

1	244 Muller, Jon D	13 Sergeant Bluff	IA	22:24
2	236 Levine, Sheehan C	12 Sioux City	IA	22:59
3	300 Ingram, Zachary M	11 Sioux City	IA	24:15

FEMALE Age Group: 1 - 14

1	249 Sauer, Megan N	14 Lismore	MN	26:30
2	247 Sauer, Morgan E	11 Lismore	MN	26:53
3	362 Wohlert, Arielle L	14 paullina	IA	29:54

MALE Age Group: 15 - 19

1	394 Atchison, Andrew	15 Sioux City	IA	22:25
2	312 Benzoni, Peter	15 Sioux City	IA	23:19
3	355 Nelson, Taylor D	18 jackson	NE	23:56

FEMALE Age Group: 15 - 19

1	382 Samuelson, Amy	15 Sioux City	IA	22:44
2	298 Jordan, Allison M	18 Sioux City	IA	25:06
3	274 Mahaney, Mariah	16 Sioux City	IA	25:10

MALE Age Group: 20 - 24

1	276 Jang, Mar P	24 Sioux City	IA	19:21
2	156 Schmeckpeper, Alan R	24 Sioux City	IA	22:27
3	391 Amick, Zachary A	23 Bronson	IA	25:45

FEMALE Age Group: 20 - 24

1	218 Donovan, Nicolle L	21 Sioux City	IA	23:15
2	386 Lustig, Michelle R	23 Sioux City	IA	25:33
3	208 Leinen, Judy	22 Dakota Dunes	SD	26:36

MALE Age Group: 25 - 29

1	371 O'Brien, Nick L	26 South Sioux Cit	NE	21:48
2	340 Duggan, Raymond G	25 South Sioux Cit	NE	22:13
3	375 Pauling, Karl	28 Sioux City	IA	24:30

FEMALE Age Group: 25 - 29

1	338 Radigan, Molly N	29 Vermillion	SD	20:51
2	283 Tucker, Katie A	29 Sioux City	IA	26:22
3	193 Johnson, Elizabeth	25 Sioux Falls	SD	26:35

MALE Age Group: 30 - 34

1	390 Burbridge, Nathan H	31 Sioux City	IA	22:22
2	266 Bucheit, David M	31 Sioux City	IA	22:40
3	183 Holloway, Donahue J	34 South Sioux Cit	NE	23:48

FEMALE Age Group: 30 - 34

1	388 Welte, Lisa M	30 Sioux City	IA	25:21
2	261 Winter, Traci L	33 Sioux City	IA	25:34
3	201 Drent, Angela A	34 Sioux City	IA	26:01

MALE Age Group: 35 - 39

1	376 Siefker, Todd W	39 Sioux City	IA	19:12
2	224 Dean, Chad	38 O'Neill	NE	20:03
3	366 Junck, Jeff C	36 Sioux City	IA	20:52

FEMALE Age Group: 35 - 39

1	301 Oines, Pam	37 Sioux City	IA	25:07
2	172 East, Kristy A	38 Sloan	IA	26:15
3	154 Langford, Angie	35 Madison	SD	26:54

MALE Age Group: 40 - 44

1	281 Lilly, Kevin	42 Sioux City	IA	23:14
2	189 Henry, Jeff F	44 DAKOTA CITY	NE	24:17
3	364 Engstrom, David C	43 SIOUXCITY	IA	25:04

FEMALE Age Group: 40 - 44

1	286 Oldenkamp, Debi A	42 Sioux City	IA	23:59
2	233 Kearins-Carlberg, Donna M	40 Sioux City	IA	26:09
3	282 Stocking, Carol A	44 Sioux City	IA	26:41

MALE Age Group: 45 - 49

1	347 Greve, Joel	47 Allen	NE	21:37
2	177 Newton, Bill E	48 pender	NE	24:14
3	188 Reilly, Marti J.	48 Sioux City	IA	24:39

FEMALE Age Group: 45 - 49

1	279 Kelly, Amy J	45 Lemars	IA	24:48
2	381 Gebers, Barb	47 Holstein	IA	25:30
3	268 Smith, Carol D	49 Thurston	NE	25:39

MALE Age Group: 50 - 54

1	254 Peters, Gary W	54 South Sioux	NE	21:05
2	225 Mills, Alan R	53 Sioux Rapids	IA	21:24
3	242 Kramer, Randy L	51 Hartley	IA	22:14

FEMALE Age Group: 50 - 54

1	215 Smith, Jackie D	53 Sioux City	IA	28:49
2	226 Mills, Susan S	50 Sioux Rapids	IA	33:31
3	313 Oshea, Noreen	52 Sioux City	IA	36:28

MALE Age Group: 55 - 59

1	269 Soukup, Lou	57 Buun Lake	NE	20:46
2	343 Mason, Clarence A	58 Sioux City	IA	23:37
3	307 Domayer, Don E	58 Sioux City	IA	31:53

FEMALE Age Group: 55 - 59

1	267 Domayer, Jannette M	56 Sioux City	IA	31:53
2	168 Larson, Jane M	55 Hawarden	IA	33:38
3	292 Plagman, Sarah	55 Carson	IA	33:56

MALE Age Group: 60 - 64

1	333 Rickert, Mike A	61 Ida Grove	IA	31:48
2	334 Hoelker, Skip	60 Sioux City	IA	35:51
3	323 Matthiesen, Bob	60 Nevada	IA	52:20

MALE Age Group: 65 - 69

1	317 Andringa, Jim A	67 sanborn	IA	27:54
2	214 Smith, Dennis L	66 Sioux City	IA	28:34

FEMALE Age Group: 65 - 69

1	239 Gilg, Fran	67 Neligh	NE	33:48
2	321 McMinn, Martha M.	66 Sioux City	IA	44:45
3	256 Urban, Gloria L	66 Sioux City	IA	49:18

FEMALE Age Group: Over 70

1	289 Nielson, Marge	73 Spencer	IA	30:16
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Road Race and Walk

** 10 Mile RUN **

Sioux City, IA April 4, 2009 10:00 A.M.
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***** AWARDS LIST *****

MALE OVERALL RESULTS

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1	100 Bohlken, David P	23 Lincoln	NE 1:00:42
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FEMALE OVERALL RESULTS

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1	131 Prince Houlihan, Connie S	51 Sioux City	IA 1:04:52
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MALE Masters Results

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1	10 Uecker, Gregg R	47 Freeman	SD 1:02:17
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FEMALE Masters Results

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1	19 Moncur, Jill	41 Sioux Falls	SD 1:13:53
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FEMALE Age Group: 15 - 19

1	105 Goeden, Sierra M.	18 McCook Lake	NE 1:36:57
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MALE Age Group: 20 - 24

1	114 Kerr, Matt	21 Sioux City	IA 1:14:31
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FEMALE Age Group: 20 - 24

1	9 Bottolfsen, Jill	23 Sioux City	IA 1:23:34
2	107 Christians, Janell	22 Sioux Center	IA 1:25:02
3	37 Oolman, Stacie B	23 Orange City	IA 1:31:57

MALE Age Group: 25 - 29

1	126 Anderson, Chris	28 Sioux Falls	SD 1:05:49
2	95 Soldati, Garret E	28 Sioux City	IA 1:16:04
3	2 Carpenter, Jeff	29 Neligh	NE 1:19:04

FEMALE Age Group: 25 - 29

1	32 Reins, Kimber L	29 Vermillion	SD 1:19:59
2	122 Yost, Amy J	29 Hawarden	IA 1:29:27
3	13 Miller, Kendra N	28 Omaha	NE 1:34:15

MALE Age Group: 30 - 34

1	135 Jaerger, Jacob	33 sioux city	IA 1:04:57
2	65 Davis, Jason D	34 Sioux City	IA 1:16:04
3	11 Jacobsen, Jeremy JOHN	33 Sioux City	IA 1:17:35

FEMALE Age Group: 30 - 34

1	20 Cope, Melissa	34 Cherokee	IA 1:16:46
2	117 Kelly, Sonya N	33 Thurston	NE 1:18:19
3	66 Scarmon, Amy L	34 Elk Point	SD 1:25:56

MALE Age Group: 35 - 39

1	7 Otto, Chris	35 Sheldon	IA 1:08:47
2	82 Mathewson, Jay G	37 Sergeant Bluff	IA 1:09:30
3	23 Joyce, Steven P	38 Sioux City	IA 1:10:41

FEMALE Age Group: 35 - 39

1	136 Schulz, Jennifer A	38 Dakota Dunes	SD 1:20:29
2	70 Kerkhoff, Kelli N	35 Sioux City	IA 1:21:46
3	108 Oolman, Tonya R	35 Paullina	IA 1:24:43

MALE Age Group: 40 - 44

1	63 Pater, Darrin J	43 Adrian	MN 1:02:45
2	85 Murphy, Dean J	40 Lemars	IA 1:15:28
3	118 Tague, Fred J	40 Sioux City	IA 1:20:21

FEMALE Age Group: 40 - 44

1	24 Christians, Lisa B	43 Sioux Center	IA 1:21:06
2	61 Muller, Carla J	43 Sergeant Bluff	IA 1:25:01
3	71 Phelps, Laura L	41 Kingsley	IA 1:26:17

MALE Age Group: 45 - 49

1	77 Krejci, Jeff T	47 Merville	IA 1:10:14
2	27 Calvillo, Mike	48 Dakota Dunes	SD 1:12:01
3	50 Murphy, Randy S	45 Aberdeen	SD 1:13:16

FEMALE Age Group: 45 - 49

1	130 Samuelson, Donna	49 Sioux City	IA 1:23:08
2	106 Saunders, Kendra	45 Ida Grove	IA 1:33:32
3	22 Sprouls, Becky	45 Wayne	NE 1:34:07

MALE Age Group: 50 - 54

1	76 Heaton, Timothy H	50 McCook Lake	SD 1:07:40
2	94 Benzoni, Tom	52 Sioux City	IA 1:14:51
3	137 Drenth, Jay	50 Rock Rapids	IA 1:24:24

FEMALE Age Group: 50 - 54

1	93 Wickstrom, Andriette	54 Storm Lake	IA 1:16:56
2	51 Harding, Lori K	51 Newcastle	NE 1:36:46
3	29 Altena, Sandi J	50 Sioux Center	IA 1:42:41

MALE Age Group: 55 - 59

1	109 Bakkene, Douglas	55 Worthington	MN 1:10:00
2	89 Pyburn, Rick	56 Sioux City	IA 1:23:23
3	42 Van Es, Jerry L	59 Sioux Center	IA 1:33:30

MALE Age Group: 60 - 64

1	28 Jerge, Larry D	61 Spirit Lake	IA 1:29:19
2	1 Brannen, Tom J	60 Bellevue	NE 1:42:43

MALE Age Group: 65 - 69

1	81 Miller, Paul M	69 Sioux City	IA 1:33:39
2	40 Eisenmenger, James P	65 Yankton	SD 1:54:59

MALE Age Group: Over 70

1	60 Sonksen, Marvin J	71 Mapleton	IA 1:39:14
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