

# 2011 Pump 'N' Run Official Entry Form

July 2<sup>nd</sup> 2011 \*\*\* Dakota Dunes South Dakota \*\*\* Event begins at 8 AM

Are you a member of Missouri River Runners?  Yes  No

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age (on race day) \_\_\_\_\_ Gender:  Male  Female

## I wish to participate in the:

Pump 'N' Run 5K  5K Open Run/Walk  1/2 Mile Kid's Run (FREE)

Each Kid's Run participant will receive a medal for participation (Must be 12 or under).

T-shirt size (please circle one): S M L XL XXL

*Late registrants are not guaranteed a shirt. Kid's Run participants will not receive a shirt.*

**Entry Fee:** \$18 for MRR members and \$21 for non-MRR members if postmarked by June 15, 2011.  
Online registration with lower entry fee available at [www.allsportcentral.com](http://www.allsportcentral.com) \$24 entry fee for everyone after June 15. No refunds. Kid's Run is FREE

## ***Make checks payable to:***

Missouri River Runners

## ***Send check and completed entry form to:***

Pump 'N' Run  
c/o Missouri River Runners  
P.O. Box 1582  
Sioux City, Iowa 51102

In consideration of the acceptance of my entry, I for myself, my executors and assignees, do release and discharge all sponsors and Missouri River Runners from all claims of damages, actions and causes of action, whatsoever, in any manner arising or growing out of my participation in said athletic event. I hereby attest that I am physically fit and able to participate in the Missouri River Runners Pump 'n Run 5K, 5K Run/Walk or 1/2 Mile Kids Run.

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Signature

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Parent or guardian signature required if 18 or under